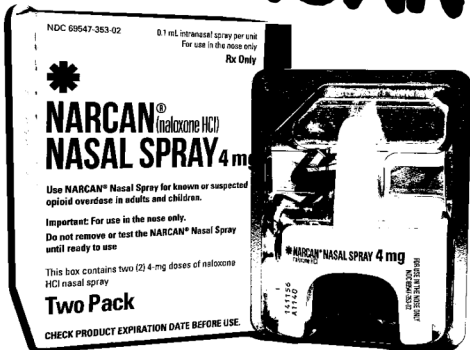


# **NARCAN**



## **how-to. guide zine**

**NARCAN** (naloxone) is used to reverse opioid emergencies by competing with opioids (including but not limited to: prescription pain relievers, heroin, and fentanyl) to bind with the same receptors in the brain. Naloxone can be administered through a nasal spray device or as an injection.

The shelf life for naloxone vials is 2-3 years and 4 years for NARCAN nasal spray. Nasal spray devices contain 1 dose.

This zine goes over how to administer **NARCAN** nasal spray for a suspected or known opioid overdose.



**Step 1:** Check for a suspected overdose and try to wake the person.

**Signs of potential opioid overdose:**

- unresponsiveness/unconsciousness
- blue lips or fingernails
- slowed or stopped breathing and heartbeat
- cold/clammy skin
- tiny pupils
- limp limbs/body

If the person does not wake up/continues to be unresponsive, move on to step 2.

## **Step. 2: Give 1st dose in the nose.**

- Lay the person on their back and tilt their head up
- Hold the nasal spray with your thumb on the bottom of the plunger
- Insert the nozzle into either nostril
- Press the plunger firmly to give the 1st dose

**Step 3:** Call 911 immediately after giving 1st dose.

In **Florida**, the "911 Good Samaritan Act" provides immunity for both the person who calls 911 and the person who is experiencing the overdose from being charged, prosecuted, or penalized for possession of a controlled substance. Please check the resources on the back for more information on your state's Good Samaritan laws.

**Step. 4:** Wait 2 - 3 mins after the first dose to give the medicine time to work

- If the person wakes up, move onto **step. 5.**
- If the person does not wake up, continue to give doses every 2-3 minutes until the person wakes up. (It is safe to keep giving doses)

**Step. 5:** Stay until the ambulance arrives even if the person wakes up

Give another dose if the person becomes very sleepy again.

# **Harm Reduction Saves Lives**

## **ADDITIONAL RESOURCES:**

<https://narcan.com/en/>

<https://my.clevelandclinic.org/health/diseases/24583-opioid-overdose>

## **FREE NALOXONE ACCESS BY STATE:**

[https://nextdistro.org/naloxone?  
gad\\_source=1&gbraid=0AAAAACU67k  
SaAr0dQ3gDS4kJ64byVs9xS](https://nextdistro.org/naloxone?gad_source=1&gbraid=0AAAAACU67kSaAr0dQ3gDS4kJ64byVs9xS)

## **GOOD SAMARITAN LAWS BY STATE:**

[https://www.safeproject.us/good-  
samaritan-laws/](https://www.safeproject.us/good-samaritan-laws/)